



Asian Community Mental Health Services
310 8th Street, Suite 201
Oakland, CA 94607
P: 510.451.6729
F: 510.839.4723

ACMHS’s Second Annual Outreach and Education (O&E) on MENTAL HEALTH LITERACY for Workers in the Underserved and Un-Served Communities

Updated: 7/20/10

WHEN:	Friday, August 20, 8:00 am to 5:00 pm
WHERE:	ACMHS, Asian Resource Building, 310 8 th Street (between Webster St. & Harrison St.), Oakland
FOR WHOM:	Burmese, Bhutanese, Nepalese, Tibetan, Mongolian, and Sri Lankan bilingual volunteers, health care workers, and professional interpreters who are already in the health and human services fields or are seriously considering working/volunteering in those fields.
TARGET PARTICIPANT NUMBER:	22. Application and RSVP/firm commitment required.

Last August during our first O&E, ACMHS presented an *overview of mental health and developmental disabilities clinical terminology, services, and concepts* from the developmental/age group perspective. This year, we are presenting an overview of specific mental health issues and some of the emerging concerns within underserved communities, especially the Burmese (i.e., all ethnicities originating in Burma). The focus is on the Burmese because of the continuing growth in their accessing services at ACMHS. It is our intention that workers and volunteers in other underserved and un-served communities and in other locations will replicate similar O&E in their cultural context and locale.

This O&E is not funded by any grant. This is part of ACMHS’s efforts to address the lack of native direct service providers in the underserved and un-served communities.

LEARNING OBJECTIVES:

Participants will increase their mental health literacy by being able to:

- Identify key mental health terminology and services and the concepts behind them;
- Understand the mental health system, services, and referrals; and
- Apply this knowledge in helping to access services for Asian monolingual or limited-English-speaking clients.

SCHEDULE

7:30 am - 8:00 am:	Light Breakfast & Networking
8:00 am - 8:15 am:	Welcoming Remarks - Lily Stearns, PhD
8:15 am - 9:45 am:	Domestic Violence and Childhood Trauma - Pysay Phinith, MSW & Yuju Chen, PsyD 5-minute Break
9:50 am - 11:05 am:	Working with Youth in School and Home Settings - Wendy Bomberg, LCSW 5-minute Break
11:10 pm - 12:25 pm:	Psychological Testing - Adeline Boye, PsyD
12:25 am - 1:25 pm:	Lunch Provided by ACMHS
1:25 pm - 2:40 pm:	Mental Health System, Services, and Referrals - Joyce Lim, LMFT 5-minute Break
2:45 pm - 4:00 pm:	Co-occurring Conditions - Lily Stearns, PhD No Break.
4:00 pm - 5:00 pm:	Community Workers Panel, Announcements, and Networking (in Burmese and English)

For inquiries, please contact: Sann Sann Myint at 510-869-6047 or sannM@acmhs.org.

PRESENTERS

DOMESTIC VIOLENCE (DV) AND CHILDHOOD TRAUMA

YUJU CHEN, PsyD, Licensed Clinical Supervisor, Family Support Services

Yuju is a Mandarin-Speaking clinical psychologist working with adults, children, and families at ACMHS since 2006. Previously in Taiwan, Yuju worked as a psychologist in hospitals for four years. Her clinical and research interests include cultural studies, trauma, psychopathology, and attachment theory. She is strongly committed to providing culturally competent services to Asian clients as well as rethinking mental health issues from cross-cultural perspectives.

PYSAY PHINITH, MSW, Clinical Social Worker, Family Support Services

Pysay has over six years of experience in DV that includes providing mental health and case management services to women and children in an emergency DV shelter, running support and peer counseling groups for women, and being a multilingual advocate for Asian monolingual and limited English speakers. Pysay's own experience as a refugee child and her family's trauma in Cambodia continue to fuel her spirit in providing services to the underserved. Pysay speaks fluent Khmer.

MENTAL HEALTH SERVICES FOR YOUTH IN HOME AND SCHOOL SETTINGS

WENDY BOMBERG, LCSW, School-based Program Clinical Supervisor

Wendy has been in social work for more than 15 years at ACMHS and Oakland public schools. She provides individual therapy and case management for at-risk teens and clinical supervision of therapists working with ethnically diverse children and youth ages 6-21. Wendy has advocated for students and their families within the district school system and with community agencies, including Special Education, Student Attendance Review Board, and Juvenile Probation, and is presently helping underserved, educationally transitional immigrant youth access mental health services.

PSYCHOLOGICAL TESTING

ADELINE BOYE, PsyD, Director of Training & Psychological Testing

Adeline's interest and expertise, in addition to psychotherapy, are predominantly in psychological and neuropsychological testing. She has worked with all age groups in variety of settings including juvenile probation, hospitals, schools, and non-profit community agencies. Adeline is also the Clinical Marriage and Family Therapy program director and associate professor at Notre Dame de Namur University. Prior to her psychology career, she worked as a biochemist. Her passion is traveling and learning about cultures and traditions. Adeline hails from Malaysia and speaks six languages and dialects.

MENTAL HEALTH SYSTEM, SERVICES, AND REFERRALS

JOYCE LIM, LMFT, Clinical Director

Joyce has over 18 years experience working with children, adults and families challenged with mental illnesses, developmental disabilities, and phase-of-life issues. Being bilingual and bicultural in Chinese, she specializes in serving immigrant Asian communities. She has been mentoring and supervising interns and licensed track staff since 1996. She became the clinical director at ACMHS in February 2005. With the Alameda County Department of Rehabilitation, Joyce is spearheading a program for severely mentally ill persons to prepare for employment and to be gainfully employed.

CO-OCCURRING CONDITIONS

LILY STEARNS, PHD, Executive Director & Licensed Clinical Psychologist

Lily has extensive clinical experience providing psychological assessments and psychotherapy working with children, adolescents, and adults in a variety of settings including non-profit community agencies, higher educational institutions, hospitals, and schools. Her academia experience includes being an Adjunct Faculty at several Community Colleges in Southern California and a Research Assistant at the UCLA Medical Center. Prior to becoming a clinical psychologist, Lily worked as a Presbyterian pastor for 11 years, with a wide range of pastoral experience in Hawaii and California. Lily is fluent in Mandarin and has a working knowledge of Burmese; she was born in Burma.

ORGANIZERS / FACILITATORS

MAHA SEE, MA, MS., Quality Assurance Coordinator & Burmese-speaking Counselor/Interpreter

Maha has over 15 years experience in multilingual communications and seven years with API community-based health care facilities. His experience includes being the director of operations at an international communications agency in New York and as a pediatric and women's health manager in Los Angeles (LA). He was also the project director for *First 5 LA* and administered the LA County-sponsored HIV/AIDS outreach program and served as a state-certified counselor at the clinic. Maha joined ACMHS in 2006.

SANN SANN MYINT, MA, MTh, Burmese- & Karen-speaking Mental Health Case Manager/Interpreter

Sann Sann has 19 years experience working in community-based and governmental settings, including as the director of rural youth program in Burma, a cultural liaison for visiting U.S. officials and in various management roles with faith-based and non-governmental organizations throughout Southeast Asia. She joined ACMHS two years ago shortly after seeking refuge in the U.S.