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MISSION

Asian Community Mental Health Services provides and advocates for multicultural, multilingual services that empower the most vulnerable members of our community to lead healthy, contributing, and self-sufficient lives.

VISION

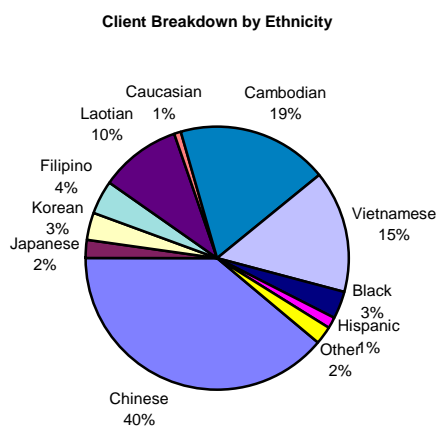
Our vision is to grow as a responsive and innovative organization, embracing diversity and compassionate care, setting the standard of excellence for integrated services to the Asian and Pacific Islander communities.

VALUES

We are committed to create an organization that:

- Remains true to our community-based roots, advocating for social justice;
- Initiates hope, dignity and empowerment;
- Serves our community with professionalism and respect;
- Values and supports the involvement of our board, staff, volunteers and consumers;
- Encourages mindfulness, balance and harmony in our work and personal lives; and
- Actively and collectively works together for the greater good.

COMMUNITY SERVED



Research has consistently shown that API's tend to delay seeking mental health services and as a result suffer from more severe mental health conditions and have longer hospitalizations than other ethnic groups. Many logistic and cultural obstacles have been cited for this underutilization, including lack of English proficiency, economic limitations, transportation difficulties, post traumatic stress disorder, multiple inter-related health and mental health problems, lack of understanding of U.S. social systems, and a severe stigma related to seeking psychological support or treatment. Data from the California Department of Mental Health indicate that rates of psychopathology among API's have been underestimated, that API's underutilize services, that language, culture, and socioeconomic status are barriers to

accessing care.

In the East Bay, ACMHS serves over 3000 immigrants and refugees yearly in Alameda and Contra Costa Counties, from children to elderly, with most families below the poverty level. The majority of clients are low-income – approximately 80% are on two types of public assistance and most are

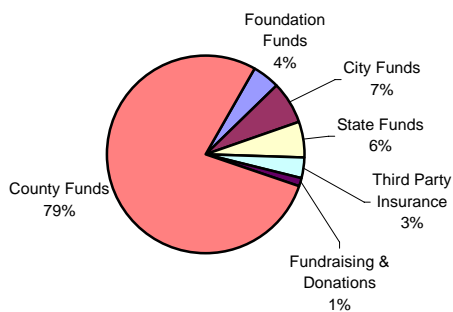
Medi-Cal eligible. Sixty percent of ACMHS' clients are Southeast Asian refugees, many of who have little or no education and suffer from post-traumatic stress disorder. *(Data from 2008 Behavioral Health Care Services unit)*

AGENCY BACKGROUND

Since 1974, ACMHS has pioneered mental health approaches that are consumer-driven and community-based to fill the void in behavioral health care for the Asian Pacific Islander (API) community. ACMHS' experienced professional staff provides wrap-around services tailored specifically to children, adolescents, adults, families, and seniors in the rapidly growing East Bay API community. ACMHS has a total of 101 full and part-time staff with a multidisciplinary range of expertise and experience including licensed clinical social workers, marriage family therapists, psychiatrists, nurses, and clinical psychologists. The staff provides services in twelve languages: Cambodian, Cantonese, English, Japanese, Khmuu, Korean, Laotian, Mandarin, Mien, Tagalog, Toysan, and Vietnamese.

ACMHS' culturally competent delivery system of specialized services include Behavioral Health Care Services, Services to the Developmentally Disabled, and Family Support and Youth Services. ACMHS has a strong history of collaborative working relationships with every major provider organization in the East Bay serving API clients, including Alameda County Behavioral Health Care, Oakland Head Start, Regional Center of the East Bay, Probation Department, Social Services Agency, Oakland Housing Authority, and several school districts.

BUDGET AND FUNDING SOURCES



ACMHS receives diverse funding from local, state, and federal sources; corporate and private charitable foundations; and individual supporters. The annual operating budget of \$7 million is comprised of revenue from Alameda County Social Services Agency & Behavioral Health Care Services, Office of National Drug Control Policy, Regional Center of the East Bay, Oakland Division, Center for Substance Abuse Prevention, City of Oakland, Oakland Housing Authority, community foundations, third party payers, client fees, fundraising, and donations. *(Data from FY 2008-2009 audited financial statement)*



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